

General Screenings and Immunizations for Adults

SCREENING/ IMMUNIZATION*	SUGGESTED FREQUENCY*	WHAT YOU PAY FOR IN-NETWORK CARE			
		Consumer Plus	Consumer Basic	Open Access	POS Premium
GENERAL HEALTH					
Full checkup	Ages 18-39: every 5 years; Ages 40-49: every 2-3 years; After age 50: every 1-2 years	0% up to \$1,000, then 20% after deductible (1 exam annually from age 18)	0% up to \$1,000, then 25% after deductible (1 exam annually from age 18)	0% after PCP/specialist copay (1 exam annually from age 18)	0% after PCP/specialist copay (1 exam annually from age 18)
Thyroid test	Every 5 years from age 35	20% after deductible	25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
HEART HEALTH					
Cholesterol	At least once every 5 years after age 35	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
DIABETES					
Blood glucose test	Every 3 years from age 45	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
COLORECTAL HEALTH					
Fecal occult blood test	Annually after age 50	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
Flexible sigmoidoscopy	Every 5 years from age 50 if not having a colonoscopy	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
Double Contrast Barium Enema	Every 5-10 years from age 50 if not having a colonoscopy or sigmoidoscopy	20% after deductible	25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
Colonoscopy	Every 10 years from age 50	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
Rectal exam	Every 5-10 years from age 50 with each screening	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
EAR HEALTH					
Hearing test	One at age 18; every 10 years thereafter	0% up to \$1,000, then 20%	0% up to \$1,000, then 25%	0% after PCP/specialist copay (1 exam)	0% after PCP/specialist copay (1 exam every 24 months)

		after deductible (1 exam every 24 months)	after deductible (1 exam every 24 months)	every 24 months)	
SKIN HEALTH					
Mole exam	Monthly self exam; Age 20-39: every 3 years; From age 40: annually	20% after deductible	25% after deductible	0% after specialist copay	0% after specialist copay
IMMUNIZATIONS					
Tetanus – Diphtheria	Once every 10 years	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP copay	0% after PCP copay
Pneumococcal	Once after age 65	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP copay	0% after PCP copay
Influenza	Annually if high risk; Annually after age 50	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP copay	0% after PCP copay
ORAL HEALTH					
Dental exam	1-2 times a year	If enrolled in the Dental Plan, you pay: -Dental HMO: As little as 0% depending on service received -Dental Indemnity: As little as 0% depending on service received			
VISION HEALTH					
Eye exam	Once a year	If you are enrolled in the Vision Plan, you pay a \$10 copay			
WOMEN'S HEALTH					
Mammogram	Ages 26-39: baseline test; Ages 40-49: every 1-2 years; After age 50: annually	0% up to \$1,000, then 20% after deductible (from age 35)	0% up to \$1,000, then 25% after deductible (from age 35)	0% after PCP/specialist copay; 0% with no deductible any other place of service (from age 35)	0% after PCP/Specialist copay (from age 35)
Gynecological exam, Pap smear	Annually from age 18	0% up to \$1,000, then 20% after deductible	0% up to \$1,000, then 25% after deductible	0% after PCP/specialist copay	0% after PCP/specialist copay
Chlamydia test	Age 18-39: annually; After age 39: discuss with your doctor	0% up to \$1,000, then 20% after deductible; (up to age 25)	0% up to \$1,000, then 25% after deductible (up to age 25)	0% after PCP/specialist copay (up to age 25)	0% after PCP/specialist copay (up to age 25)
MEN'S HEALTH					

Digital rectal exam	Discuss with your doctor	0% up to \$1,000, then 20% after deductible (from age 50)	0% up to \$1,000, then 25% after deductible (from age 50)	0% after PCP/specialist copay (1 annually from age 50)	0% after PCP/specialist copay (1 annually from age 50)
Prostate-specific antigen	Discuss with your doctor	0% up to \$1,000, then 20% after deductible (from age 50)	0% up to \$1,000, then 25% after deductible (from age 50)	0% after PCP/specialist copay (1 annually from age 50)	0% after PCP/specialist copay (1 annually from age 50)

**Frequency of screenings/immunizations is based on American Medical Association (AMA) recommendations for adults living without chronic health conditions or disease. Be sure to consult with your physician or health care provider regarding recommendations for your personal situation. If you have any questions about coverage of these services under the Katy ISD Medical Plan, contact Aetna at 1-877-224-6857.*